

Progesterone (PROG)

ENZYME IMMUNOASSAY TEST KIT

Enzyme Linked Immunosorbent Assay (ELISA) for the Quantitative Determination of Progesterone in Human Serum

FOR IN VITRO DIAGNOSTIC USE ONLY

Store at 2°C to 8°C

INTENDED USE

Progesterone Competitive ELISA test is intended for the quantitative determination of Progesterone in human serum. For In Vitro Diagnostic Use only.

INTRODUCTION

Progesterone is a C21 steroid which is synthesized from both tissue and circulating cholesterol. Cholesterol is transformed to pregnenolone which is then converted via a combined dehydrogenase and isomerase to progesterone. The principle production sites are the adrenals and ovaries and the placenta during pregnancy. The majority of this steroid is metabolized in the liver to pregnenediol and conjugated as a glucuronide prior to excretion by the kidneys.

Progesterone exhibits a wide variety of end organ effects. The primary role of progesterone is exhibited by the reproductive organs. In males, progesterone is a necessary intermediate for the production of corticosteroids and androgens. In females, progesterone remains relatively constant throughout the follicular phase of the menstrual cycle. The concentration then increases rapidly following ovulation and remains elevated for 4-6 days and decreases to the initial level 24 hours before the onset of menstruation. In pregnancy, placental progesterone production rises steadily to levels of 10 to 20 times those of the luteal phase peak.

Progesterone measurements are thus performed to determine ovulation as well as to characterize luteal phase defects. Monitoring of progesterone therapy and early stage pregnancy evaluations comprise the remaining uses of progesterone assays. The Progesterone EIA kits are designed for the measurement of total progesterone in human serum.

PRINCIPLE OF THE ASSAY

The Progesterone EIA is based on the principle of competitive binding between progesterone in the test specimen and progesterone-HRP conjugate for a constant amount of rabbit anti-progesterone. In the incubation, goat anti-rabbit IgG-coated wells are incubated with progesterone standards & patient samples along with progesterone-HRP Conjugate Reagent and rabbit anti-progesterone reagent at room temperature. During the incubation, a fixed amount of HRP-labeled progesterone competes with the endogenous progesterone in the standard and sample for a fixed number of binding sites of the specific progesterone antibody. Thus, the amount of progesterone peroxidase conjugate immunologically bound to the well progressively decreases as the concentration of progesterone in the specimen increases. Unbound progesterone peroxidase conjugate is then removed and the wells washed. Next, a solution of TMB Reagent is then added and incubated at room temperature, resulting in the development of blue color. The reaction is stopped after specified time with stop solution and absorbance is determined for each well using an ELISA reader. The intensity of the color formed is proportional to the amount of enzyme present and is inversely related to the amount of unlabeled progesterone in the sample. A standard curve is obtained by plotting the concentration of the standard versus the absorbance. The progesterone concentration of the specimens run concurrently with the standards can be calculated from the standard curve.

MATERIALS AND COMPONENTS

Materials provided with the test kits:

- Coated Microwells: Microwells coated with Goat Anti-Rabbit IgG.
- Rabbit Anti-Progesterone Reagent. Ready to use

- Progesterone-HRP Conjugate Concentrate (11X).
- Progesterone-HRP Conjugate Diluent.
- TMB Substrate. Ready to use
- Stop Solution. Ready to use
- Progesterone Standard set of 6 standards labeled as A to F in liquid form. Ready to use. For standard Concentrations refer vial label.
- Wash Buffer Concentrate (20X).
- Control Set
- Pack Insert
- Plate Sealer
- Protocol Sheet
- Microwell Holder

Materials required but not provided

- Precision pipettes: 10µl, 20-200µl, 100-1000µl
- Disposable pipette tips
- Distilled water
- Disposable Gloves
- ELISA reader
- ELISA washer

STORAGE AND STABILITY

- Progesterone** kit is stable at 2-8°C upto expiry date printed on the label.
- Coated microwells should be used within one month upon opening the pouch provided that once opened, the pouch must be resealed to protect from moisture. If the colour of the dessicant has changed from blue to pink at the time of opening the pouch, another coated microwells pouch should be used.
- Diluted Wash Buffer is stable for upto one week when stored at 2-8°C.

SPECIMEN COLLECTION

- Collect Blood specimen by venipuncture according to standard procedure.
- Only serum should be used.
- Avoid grossly hemolytic, lipemic or turbid samples.
- Preferably use fresh samples. However, specimens can be stored up to 48 hours at 2-8°C.
- For longer storage, specimens can be frozen at -20°C. Thawed samples must be mixed prior to testing.
- Do not heat inactivate before use.
- Specimen containing precipitate or particulate matter should be clarified by centrifugation prior to use.
- Specimen should be free from particulate matter and microbial contamination.

PRECAUTIONS

- Bring all reagents and specimen to room temperature before use.
- Do not pipette any material by mouth.
- Do not eat, drink or smoke in the area where testing is done.
- Use protective clothing and wear gloves when handling samples.
- Use absorbent sheet to cover the working area.
- Immediately clean up any spills with sodium hypochlorite.
- All specimens, standards and controls should be considered potentially infectious and discarded appropriately.
- Neutralize acid containing waste before adding hypochlorite.
- Do not use kit after the expiry date.
- Do not mix components of one kit with another.
- Always use new tip for each specimen and reagent.

REAGENT PREPARATION

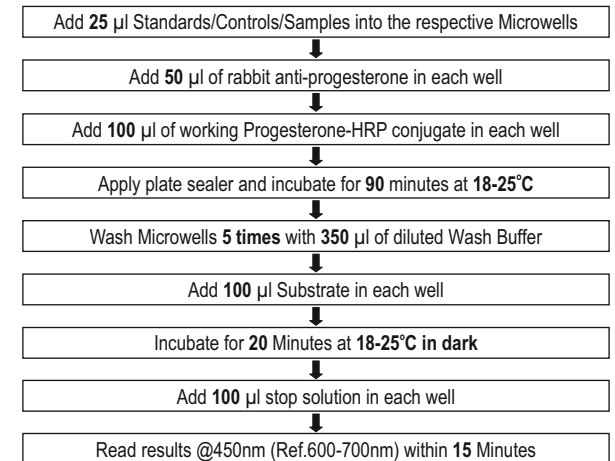
- All reagents should be brought to room temperature (18-25°C) and mixed by gently inverting or swirling prior to use. Do not induce foaming.
- Dilute Wash Buffer 20 times (for example add 5ml concentrated buffer to 95 ml distilled or deionized water). Mix well before use.
- Dilute enzyme conjugate with Conjugate diluent according to the

requirement as shown below. Prepare a fresh dilution for each assay.

No. of Strips	0.5	1	2	3	4	5	6	7	8	9	10	11	12
Enzyme Conjugate (µl)	50	100	180	250	320	400	480	550	640	700	760	840	900
Conjugate Diluent (µl)	500	1000	1800	2500	3200	4000	4800	5500	6400	7000	7600	8400	9000

TEST PROCEDURE

- Secure the desired number of coated wells in the holder. Dispense **25 µl** of standards, controls and sera into the appropriate wells.
- Dispense **50 µl** of rabbit anti-progesterone reagent into each well, followed by **100 µl** of Working Progesterone-HRP Conjugate reagent into each well. Incubate at room temperature (18-25°C) for **90 minutes**. Thoroughly mix for 30 seconds.
- After incubation, empty the microtitre wells and wash the plate **5 times** with **350µl** of diluted wash buffer. Strike the microtitre plate sharply onto the absorbent paper towel to remove all residual droplets.
- Dispense **100 µl** of TMB substrate into each well. Incubate at room temperature (18-25°C), in the dark, for **20 minutes**.
- Stop the reaction by adding **100 µl** of Stop Solution to each well. Gently mix for 10 seconds until the blue color completely changes to yellow.
- Read the optical density at 450/630 nm with a microtiter plate reader within **15 minutes**.



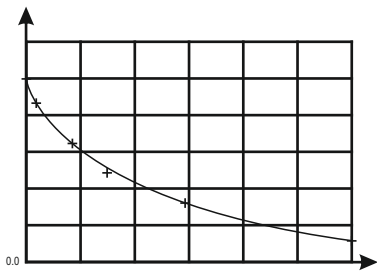
CALCULATION OF RESULTS

Construct a standard curve by plotting the absorbance obtained from each reference standard against its concentration in ng/ml on the graph paper, with absorbance values on the vertical or Y axis and concentrations on the horizontal or X axis. Use the absorbance values for each specimen to determine the corresponding concentration of Progesterone in ng/ml from the standard curve. Any diluted specimens must be corrected by the appropriate dilution factor.

Example of Standard curve

Results of a typical standard run with optical density reading at 450nm (ref 600 – 700nm) shown in the Y axis against Progesterone concentrations shown in the X axis.

Progesterone (ng/ml)	Absorbance (450nm)
A	1.854
B	1.490
C	1.159
D	0.807
E	0.553
F	0.414



This Standard curve is for the purpose of illustration only, and should not be used to calculate samples. Each user should obtain his or her own standard curve and data.

Expected Ranges of values

Each laboratory should establish its own normal range based on the patient population. The Progesterone EIA was performed on randomly selected outpatient clinical laboratory samples. The following information is cited from reference #9.

Males:	adult	0.13 – 0.97 ng/ml
	prepubertal (children)	0.70 – 0.52 ng/ml
Females:	follicular phase	0.15 – 0.70 ng/ml
	luteal phase	2.00 – 25.0 ng/ml
	post menopausal	0.06 – 1.60 ng/ml
Pregnancy:	1st trimester	10.3 – 44.0 ng/ml
	2nd trimester	19.5 – 82.5 ng/ml
	3rd trimester	65.0 – 229 ng/ml

The minimum detectable concentration of Progesterone by this assay is estimated to be 0.2 ng/ml.

PERFORMANCE CHARACTERISTICS

A) Internal Evaluation:

- In an internal Study **Progesterone** was evaluated against commercially available licensed kit with 90 random clinical samples and **Progesterone** has demonstrated 95% clinical correlation with the commercially available licensed kit.
- Precision: **Progesterone** was evaluated with licensed external Quality controls for Precision Studies & following is the data:

Controls	No. of testings	Mean Control values with Progesterone	Coefficient of Variation (CV)
Level 1	10	0.783	6.49
Level 2	10	12.16	5.98
Level 3	10	27.10	4.05

B) External Evaluation:

Progesterone ELISA has been evaluated by a NABL accredited lab against their reference method. In this evaluation **Progesterone** ELISA has demonstrated 95% correlation with the reference method.

*Data file: Orchid Biomedical Systems (P) Ltd.

IMPORTANT NOTE

- The wash procedure is critical. Insufficient washing will result in poor precision and falsely elevated absorbance readings.
- It is recommended to use the multi channel pipettes to avoid time effect. A full plate of 96 wells may be used if automated pipetting is available.
- Duplication of standards, controls & samples is not mandatory but may provide information on reproducibility & application errors.












LIMITATIONS OF THE ASSAY


- As with all diagnostic tests, a definite clinical diagnosis should not be based on the results of a single test, but should only be made by the physician after all clinical and laboratory findings have been evaluated.
- The activity of the enzyme used is temperature-dependent and the OD values may vary. The higher the room temperature (+18°C to +25°C) during substrate incubation, the greater will be the OD values. Corresponding variations apply also to the incubation times. However, the standards are subject to the same influences, with the result that such variations will be largely compensated in the calculation of the result.
- Adaptation of this assay for use with automated sample processors and other liquid handling devices, in whole or in part, may yield differences in test results from those obtained using the manual procedure. It is the responsibility of each laboratory to validate that their automated procedure yields test results within acceptable limits.
- Insufficient washing (e.g., less than 5 wash cycles, too small wash buffer volumes, or shortened reaction times) can lead to incorrect OD values.

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- Data on file: Orchid Biomedical Systems (P) Ltd.

SYMBOL KEYS

	Temperature Limitation		Consult Instructions for use
	Manufacturer		In vitro Diagnostic Medical Device
	Use by		Catalogue Number
	Date of Manufacture		Batch Number / Lot Number
	This side up		Contains sufficient for <n> tests
	Do not reuse		

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